

# How to Join CHS Fall Sports Teams!



**Step #1: Email the coach of the team you want to join to let them know you are interested in participating!**

Varsity Boys Soccer	Coach Catalano	jcatalano@buffaloschools.org
JV Boys Soccer	Coach Sardo	dsardo238@gmail.com
Varsity Girls Soccer	Coach Milne	jasonmilne76@gmail.com
JV Girls Soccer	Coach LaFlore	aclaflore@buffaloschools.com
Varsity Boys Volleyball	Coach Wilkinson	jawilkinson@buffaloschools.org
JV Boys Volleyball	Coach Lyman	jlyman@buffaloschools.org
Varsity Girls Volleyball	Coach Matos	dmatos@buffaloschools.org
JV Girls Volleyball	Coach McLean	smmclean@buffaloschools.org
Varsity Girls Swim	Coach Yager	jmyager@buffaloschools.org
JV/Varsity Co-ed Cross Country	Coach Monaco	mcvanremmen@buffaloschools.org
JV/Varsity Co-ed Golf	Coach Krause	ajkrause@buffaloschools.org
Varsity Girls Tennis	Coach Lewis	mlewis@buffaloschools.org

**Step #2: Be sure you have a physical completed.**

If you have a current physical from your doctor on-file in the CHS nurse's office in the past 12 months that states 'full activity without restrictions' then you do not need a physical at this time. If you have any questions, concerns or need to check on what is currently on file in the health office, please feel free to call CHS Nurse, Denae Cammarata, email [dlcammarata@buffaloschools.org](mailto:dlcammarata@buffaloschools.org) or call 816.4239.

**Step #3: Complete the BPS Athletic Registration Packet**

Complete the BPS Athletic Registration Packet [at this link](#) and submit it to your coach.

**Step #4: Get to Practice!**

**Coach-led practices begin in New York State begin August 21 for Fall sports!** Your coach can tell you the exact time and location of your first practice when you email them.

## ***Are You a Grade 7 or 8 Student Interested in JV or Varsity Athletics?***

Grade 7 and 8 students in New York State who would like to join a JV or Varsity team MUST pass the NYS Athletic Placement Process (APP) Test **once during grade 7 or 8**. Our PE/Health faculty will be holding APP testing for students in grades 7 & 8 who have not passed the test yet. Families wishing to participate should email Mrs. Yager at [jmyager@buffaloschools.org](mailto:jmyager@buffaloschools.org).

Middle School Athletics Note: We continue to receive concerns about the elimination of building-based middle school sports teams in BPS. CHS students now need to travel to 'zone' locations if they want to play the remaining middle school sports offered. Please understand that athletics in BPS is centrally coordinated by the school district. The decision to eliminate these programs was not a school-based decision.