

INDEPENDENT LIVING

Teacher – Mrs. Jean B. Hess - Certified in Home Economics
Earth Science
Biology

General Overview – The goal of this course is to give high school students an understanding of the major responsibilities that society expects of them as they become adults.

Course Objectives – All students will demonstrate the knowledge and skills necessary for:

Home Economics Standards

- 1. maintaining personal health and fitness
- 2. maintaining a safe and healthy environment
- 3. maintaining personal and community resources

Career Development & Occupational Studies

- 1. planning a career
- 2. pursuing career options
- 3. applying academic learning in the workplace

Units – Will include but are not limited to:

- Getting a job –applications, interviews, benefits
- Job skills
- Budgeting –banking, credit, debt
- Renting an apartment
- Insurance
- Healthy eating
- Clothing choices and care
- Shopping – types of stores

Grades – Based on projects, homework, tests, class participation, notebook and effort

Supplies – 3 ring notebook (1”-1 1/2”) with looseleaf paper
dark blue or black pens

Contact info – Phone messages may be left at the high school in the A.M. (816-3130) or at the elementary school in the P.M. (816-3350). I will get back to you as soon as my schedule allows.

*My e-mail is jbhess@buffaloschools.org. E-mail sent to [jbhess](mailto:jbhess@buffaloschools.org) will not reach me!

Please read this syllabus carefully and share it with your parent or guardian. Sign and return it to me as soon as possible.

Student name _____ Sign _____

Parent/guardian name _____ Sign _____

Date _____