

View From The Hill



Winter 2008/09

2009 Brings Change and Optimism to CHS

2008 turned out to be a rugged year for many of us. A year perhaps that will be featured less prominently in our memory books. However, despite the unique challenges it posed for City Honors, stepping back to view the big picture provides many positives in Centaur country. Among these positives:

- The arrival of eight energetic new faculty members.
- The addition of three new Advanced Placement Electives for our students.
- A renewed sense of family and focus as a result of the challenge of packing up and creating our temporary homes at schools #8 and #56.
- The City Honors/Fosdick-Masten Park Foundation secured funds and established endowments to support our IB Programs and Hofstadter Research Writing Competition.
- The IB Diploma Program grew by leaps and bounds with over 50% of the members of the class of 2010 opting to participate.
- Successful completion of our authorization process as an IB Middle Years Program.
- Our family directory was resurrected due to the efforts of PTSCO and parent John Ringland.
- *U.S. News and World Report* again named City Honors as a top 100 gold medal school in the United States, rising from a ranking of #50 last year to #35 this year.
- The Writing Center was launched at School #8 through the efforts of School Based Management Team (SBMT), CH/FMP Foundation, parent Nancy Karp and

Writing Center coordinator, Cassie Cammarata.

- Parents and CH/FMP Foundation Board Members Sandy Heaney and Margaret Burke helped to secure additional grant funds for our SOS tutoring program and Writing Center.

Three years of work and planning for our reconstruction project came to fruition with construction well underway at the FMP campus!

2009 looks to bring a number of changes to our school. Our assistant principal of twelve years, Mrs. Maureen Izquierdo, retired January 13. Mrs. Izquierdo served not only City Honors during her career, but also the students of Grover Cleveland High School as both a teacher and assistant principal. Mrs. Izquierdo's departure will leave so many of our students, faculty, and parents with a void that will be very difficult to fill. Many know Mrs. Izquierdo for her meticulous attention to detail and the firm, but always fair, approach to conduct issues. However, coming to know Mrs. Izquierdo better means knowing the countless hours she would afford students and adults in counseling and conflict resolution. Mrs. Izquierdo's thorough approach to each and every crisis or disciplinary issue is a reminder to all of us that individuals grow and find affection for their school through caring and listening. We thank her for her service to our school community and wish her the very best as she moves on to new experiences and time spent with her family.

There are a number of curricular issues at CHS that require attention in coming years, including our grade 11/12 science offerings, early grades foreign

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Principal's Page

Dr. William A. Kresse



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Attention Class of 2011!

It will soon be time for sophomore students and their parents to decide whether the International Baccalaureate Diploma Program is the right choice for them.

Here are a few reasons why students choose to go "full IB" (become IB Diploma Candidates) at City Honors:

- IB Diploma Students are accepted into college at higher rates than their non-IB Diploma counterparts.
- The program does an excellent job preparing students for college, and these students do better (on average) during their first year of college than their peers.
- IB Diploma candidates who earn their IB Diploma can expect to receive 18 to 36 college-credit hours at most domestic and international institutions of higher learning.
- In hindsight, many students regret not going through the program. The current and past City Honors IB Diploma Coordinators have yet to meet a graduate who regretted choosing the program (whether or not they actually received their IB Diploma).
- Students get to wear a special IB stole at graduation.

Mrs. Banas will be visiting Mr. DiLeo's AP Literature classes on Wednesday, February 11, 2009, and Mr. Curran's AP Literature classes on Thursday, February 12, 2009, to explain the program. Students will receive IB applications during the classroom presentations.

At 5:30 p.m. on Thursday, February 19, 2009, Mrs. Banas will be holding an IB presentation for sophomore parents at School #56.

IB applications are due to Mrs. Banas on Monday, February 23, 2009.

CHS Students Inaugurate French Student Exchange

It's a go! At the December 3, 2008, meeting, the Buffalo Board of Education approved our first French Exchange Program since the ban on foreign travel was lifted. Eight City Honors students--juniors Kayla Adgate, Natalya Burgess, Liam Coyne, Emily Penna, Mike Sutter, Ben Tro-nolone, sophomore Momo Koessler, and senior Alex Esposito-- will be participating in a three-week, school-to-school, family-to-family exchange with the Lycée St-Joseph, in Le Havre, France.

City Honors is joining with Nichols School, which has had an exchange with St-Joseph for 26 years. The French students arrive in Buffalo on Valentine's Day and will be with us for three weeks. Students from Buffalo leave for Paris and then Le Havre on March 27 and during spring break will attend classes at St-Jo and stay with the exchange families in France.

This type of experience abroad has many benefits. It encourages an understanding of cultural differences and similarities, improves foreign languages skills and promotes personal growth. And it goes hand in hand with our mission as an IB school to develop a global perspective. For a look at the Lycée St-Joseph go to <http://www.st-jo.fr>

--Eileen Crane, French



CITY HONORS/P.T.S.CO. annual Theme Tray Auction and Desserts is scheduled for Friday, March 27, 2009 at 6:30 p.m. at School #56 in the School Auditorium. This is PTSCO's largest fund raiser. We are looking for donations of baskets, silent auction items, and desserts, as well as your presence at the auction on March 27. Please feel free to contact Karen Sansone at kkaren17@roadrunner.com or 818-0513, if you would like to donate or volunteer!! Thank you.

Dr. Kresse *(Cont'd from page 1)*

language scheduling, and grade average system. In order to collect preferences from as many stakeholders as possible, I will be sending surveys to families in the coming weeks that fully explain the issues and provide an opportunity for input.

Additional change at CHS will be in the form of this very newsletter you are reading. After discussion and review with the PTSCO leadership team and at PTSCO general meetings, we have decided to adjust the format of the *View from the Hill (VFH)*. These changes were made with the goals of providing families with:

- additional communication between home and school,
- more timely information and dates from the school administration, faculty, coaches, and organizations,
- a more concise and efficient format

This new *VFH* will be released the first of each month and will be a single-page publication (front/back). PTSCO will continue to print *VFH* and it will also be posted on the quick links section of the Web site the first of each month. Because mailing the publication home twelve times a year would be cost prohibitive, students will be provided with a copy in their homerooms. Parents should request this from their child when they arrive home the first of each month. In addition, we are finalizing plans with the Buffalo Public Schools to be able to e-mail this publication home and other information/alerts to all families. I will be sending home a letter in the next few weeks requesting e-mail addresses from families and explaining how and when they will be used. While this new system may not be the perfect fit for all, I think it demonstrates the interest of PTSCO leadership and our school to constantly listen to the concerns of our families, reflect, and then make improvement where feasible. Thank you to the PTSCO lead-

ership team for their work on this issue and parent Ralph Proulx (Mailing Advantages Inc.) for continued contributions of printing and graphic design for *VFH*.

Finally, having reviewed a little bit of where we have been the past year and where we are headed in this column, I don't think there is any way readers can miss the remarkable contribution our SBMT, PTSCO, and the CH/FMP Foundation make to the quality of our children's education and connection between school and home. This "trinity" of support organizations is a part of what makes our students' educational experience at CHS truly exceptional. I ask you to please give serious consideration to supporting them in one of the following fashions:

- Join the SBMT by contacting Sandy Heaney at smardino@aol.com. This group of parents, students, and faculty meets once a month and seeks to assist the school with curricular and programming needs.
- Submit membership dues to PTSCO if you have not already done so for the '08-'09 school year. PTSCO supports everything from events that bring us together as a school community to equipment for our athletic teams and classrooms. Membership dues make much of this possible. Our goal is for all families to be members each year. Monthly meetings are open to all. A membership form has been included in this issue of *VFH* and is posted on cityhonors.org. PTSCO has a mailbox in the main office of both #56 and #8.

Consider giving to the CH/FMP Foundation Annual Fund, which is occurring right now. The Foundation makes significant capital purchases of equipment for our school, cares for the condition of our historic building, supports the IB program and special learning opportunities for our students.

CHS First Annual Winter Holiday Bazaar a Success!

The cafeteria at School 56 was transformed into a warm haven on a cold Saturday morning on December 6 for City Honors' First Annual Winter Holiday Bazaar, sponsored by PTSCO. Students, staff, and parents manning fifteen tables set up by CHS clubs, sports, and organizations sold creative items for a good cause. Many of the items were homemade, one-of-a-kind, and many sported the CHS logo. Food and drink were enjoyed as all had a chance to get together and chat. The shoppers were treated to topnotch entertainment by the Najera String Quartet, featuring Stephanie Glick and Jacob Cohen (violin), Laura Kelemann (viola), and Hans Glick (cello); the Magic of Connor; piano tunes by Olivia Mendoza; and a cheer by the CHS cheerleaders! The morning was well spent putting everyone in a holiday and school spirit mood! Thank you to all who took part in this event!

—Sue Natali, parent



Congratulations Men's Cross Country

The City Honors Men's Cross Country Team was recognized as a scholar athlete team by the New York State Public High School Athletic Association for achieving academic excellence while competing in varsity interscholastic athletics during the fall 2008 season. The eighteen team members whose academic achievement qualified them for this honor were Will Barnes, Nick Carey, Chris Cieslik, Stephen Critharis, Judson Fisher, Kevin Ganley, Jackson Herlan, Vadim Karatayev, Eric Miller, Tala Mon, Robert Morrow, Dillon Pershyn, Aaron Robertson, Atley Sanders, Justin Shapiro, Demetrius Williams, Charlie Wingfelder, and Matt Yeksigian. Congratulations on your achievements in the classroom as well as running to a 14-1 league meet record as Columbia Cup runners up!



Fall Senior Scholar Athletes

Four CHS senior athletes were named to the All Western New York Fall Senior Scholar Athlete team sponsored by the *Buffalo News* and Ad-Pro Sports. To be nominated, the senior athletes must have carried a 90-plus average for the previous seven semesters and have been a starter or significant player in their sport. Over 250 students from 57 Western New York schools applied, and 100 students were selected. Students received a scholar athlete sweatshirt and had their picture published in the *Buffalo News*.

Congratulations to the student athletes selected from City Honors: Will Barnes and Eric Miller (Men's Cross Country); Sherrell McLean (Women's Volleyball); and Meaghan Kelsey (Women's Cross Country)

--Andrea Norton, Physical Education

SBMT UPDATE

Our charge by the district is to be facilitators of improvements and initiatives that relate to the following areas: Student Achievement, Student Support/Responsibility, Parental Involvement, and Budget/Resource Allocation (as it pertains to student achievement). We discuss areas that can be improved related to these topics and participate in implementing long-range solutions.

In the last newsletter, we asked for your input by including a parent survey. Thank you to those who participated. If you didn't have a chance to return yours, blank copies are available on the Web site, at www.cityhonors.com. Simply click on "Community" in the header and click "Site Based Management Team" on the lefthand side of the screen, and you will see the link for SBMT Survey on the left. Please feel free to send your comments and concerns to the address listed on the survey.

Our peer-tutoring program, Students for Other Students, has begun its third year offering tutoring in math and science at both the middle and high school. The coordinators at school 56 are Allayne Yeostros and Lisa Manhard, and the coordinator at school 8 is Kelly Hyla. Most students receiving help are recommended by their teachers, but if you feel your child could benefit from this service please contact the appropriate coordinator to discuss the possibility. Sessions take place after school, and you are responsible for transportation.

In conjunction with the City Honors Foundation, we are supporting the Writing Center, focusing on grades 9 and 10. Please see the article elsewhere in this newsletter about the Center's activities.

Welcome letters went out to all new CHS families with the offer of connecting new parents/guardians with a veteran family to help them acclimate to the new school environment. Thank you to all the "seasoned" parents who volunteered to be partnered with new families. It's not too late to ask for a "parent buddy." Please e-mail Sandy Heaney at smardino@aol.com.

We recently heard a presentation by JoAnne A. Hudecki, executive director of Kids Escaping Drugs. We are looking to partner with them in an effort to educate students, faculty, and parents about adolescent drug and alcohol use. Their mission is to support adolescent drug and alcohol treatment, education, and awareness. They have a Peer Awareness Program where peers speak face to face about the decisions they made and the consequences.

We are also working on setting up connections between current juniors/ seniors and alumni. Our alumni are wonderful resources for students who have questions about the college selection process, financial matters, and careers. We worked with Prish Moran in November offering a "Connect Conference" the day before Thanksgiving. It was an open forum where students heard alumni's perspective on college and careers and had an opportunity to have questions answered.

Our plate has been pretty full since September and we feel good about the progress we have been making in various areas. Yet, there is always more work to be done.

Wishing you a healthy and happy new year--Sandy Heaney, SBMT Chair (837-2051)

'If Only We Were Rich ... ?'

This summer and fall of 2008, headlines have bombarded us in our homes and at work with what seems to be an unending series of life-threatening crises, to the point that most of us have to summon internal courage to read, watch, or discuss the daily news media. Well-intended reporters daily tell us how many people could lose their jobs or die prematurely from a host of new illnesses or exposure to toxins. We're told that being attacked by a terrorist is possible. We hear that we may have eaten produce or meat that could sicken us. We have long worried about our carbon footprints, the thinning ozone layer, or that whole nations like ours will suffer the loss of access to fresh water.

Understandably, we worry, feel stressed, and begin to think that life is out of our control. Often, we find it difficult to stop thinking about a day's events. At night we might tally all of the day's bad news and feel powerless. Sometimes after we hear catastrophic news, we share our fears with others. Perhaps the looks on their faces reflect our own fears and confirm our perceptions. Day after day of facing seemingly imminent danger can make us feel more distressed and anxious. How do we maintain perspective about life's goodness in the face of catastrophic news?

This morning, as I searched the Internet for research-based strategies for thinking and living with stress that might help CHS's middle and high school students and their staff and families survive life's tragedies or even to thrive in the face of serious social and environmental problems, I found one, solitary, simple idea from far away. Halfway around the world in the country of Bhutan, in the eastern Himalayas, wise leaders of this nation are sponsoring work that will measure their country's "Gross National Happiness." On hearing this, a United States organization wants to do something similar and redefine our country's Gross National Product (Progress) as more than financial success and power. Imagine!

This rare way of thinking and drawing summative conclusions about life's events and its challenges forces us to think in more valuable ways about oversized national crises or to reconsider joining the ranks of the fearful and anxious. What if we could think in terms of our "Personal Happiness Product," if you will? Balance negative current events by participating in what makes life rich? Could it be that our worries about what we read and hear in the media impacts what we do and feel?

Just a thought: If you stand in the halls of CHS you can experience the wealth of these young peoples' "Gross Happiness Product." You see and feel enthusiasm, energy that is future-oriented, friends hugging and listening to one another, laughter, and singing. Thinking outside of all boxes. You hear instruments seeming to teach their student to hear and play beauty. You hear teasing and concern, careful attention to others' dress and emotions, the helping with homework, teachers who have time to see, hear, and listen well, encouraging young lives when all around the media chants fear and cruelty.

What we value and how we think often determine whether we are rich in money or in happiness. The Gross Happiness Product at City Honors reflects effective values and thinking.

Diana Watson, Ph.D., came last fall to City Honors to serve as the Middle and High School Site-Based Psychologist for City Honors. Her focus is primarily on providing support and informative services to students, staff, and families in ways which support learning and positive relationships in such a rich academic setting as Honors offers. She is a Licensed Psychologist who works after hours in private practice and has been a Certified School Psychologist for the past 24 years, twenty years serving the Buffalo Schools. She welcomes visitors to stop into her office at School 8, Room 308 to meet her when they are visiting the high or middle school buildings. She is also available by appointment and by phone at 716-816-1608; if through the School Offices at 816-3350 (Middle School) or 816-3130 (High School).

How Many Drafts Does It Take to Write a Thesis?



This is not a new version of the "lightbulb" jokes. This is serious business. And you know this if your son or daughter has been challenged by research assignments at CHS.

Some students make very smooth transitions to college-level writing in CHS's high school. But other students are puzzled and frustrated when, in the upper grades, they are asked to analyze a reading or present an argument. Many parents have reported that their students resist revising and rewriting their assignments. Parents sometimes also feel ill-equipped to help with editing and citations.

Responding to this need, the SBMT and CHS Foundation have funded The Writing Center. In September

2008, Ms. Cassie Cammarata was hired to provide writing mentoring and support to our high school students in their fiction and nonfiction writing.

The Writing Center is a drop-in service available to students on Mondays and Wednesdays in Room 315. Cassie offers one-to-one assistance with any kind of writing project. Students have come in with class assignments, essay contest entries, and longer research projects. Cassie also has great handouts on almost every aspect of high school writing.

The next time you see your student "stuck" in his/her writing process, ask if they know about The Writing Center. You and they will be glad that you did.

--Nancy Karp, parent

A WORD FROM PTSCO

Here we are, already halfway through the school year and a quarter of the way through CHS's temporary relocation. There are pluses and minuses to our current sites. For example, parents at School 8 reported not being as out of breath on Parent-Teacher Get Acquainted Night in September, as they had less distance to travel in following their children's schedules.

PTSCO took on some new tasks this year due to CHS's relocation. We provided refreshments for families who came to see the new facilities during open houses in August. We helped fund some sprucing up of the grounds at 56 and 8. We also helped greet new staff at a new teacher orientation in August.

Teachers start the day before students in September, and PTSCO put on the traditional welcome-back breakfast at School 8, where they all gathered. Later that month, we held the Welcome Back barbeque for the entire school behind School 56, which was a very nice venue. The 5th & 6th Grade Ice Cream Social/Haunted Lockers and the Senior Breakfast were held back-to-back at the end of October. On December 6, we launched a new annual event—the Winter Holiday Bazaar. Almost 20 groups from CHS—Art Club, Crew, *Helicon*, to name a few--manned tables and sold food and/or merchandise to raise funds to support their activities. Students also provided the entertainment, which included a string quartet, a magic show, a piano performance, and a cheer from the cheerleaders. It was a very pleasant morning that allowed friends to visit and make progress with their holiday shopping in a festive atmosphere.

Later that month, PTSCO put on the annual staff holiday breakfast. Volunteers rose to the challenge that operating in two sites poses—they put on simultaneous breakfasts at 56 and 8.

Next on the horizon is the PTSCO annual silent auction, scheduled for the evening of Friday, March 27. This year's auction chair is Karen Sansone. Please consider helping with this event, as it is a very important fund-raiser and social event for our school community. We need help in planning, soliciting donations of auction items, and setting up in the days immediately before the auction and that night. Please contact Karen at kkaren17@roadrunner.com or 818-0513.

On March 19, PTSCO will provide refreshments for the annual Junior Class College Night, when CHS's Guidance Office staff will outline the college application process for juniors and their families.

PTSCO meetings are usually held the third Thursday evening of every month (see www.cityhonors.org under "Community" for exact dates, times, and locations). Although the meetings are for the entire school community, they alternate between schools 56 and 8. The next meetings will be held February 19 at 6:30 P.M. at School 56 and March 19 at 6:30 p.m. at School 8.

Please see our appeal for donations below. PTSCO's activities, which benefit the entire school, can only be carried out with your support. We have already had to drastically curtail our financial support for CHS clubs and organizations due to the reduced level of donations so far this year. We know that current economic conditions have meant hard times for many in our community. But CHS is only as strong as we make it—it's up to us to support it. Please give what you can (see the membership form on page 7).

--Andrea Szalanski (PTSCO Cochair)



URGENT—PTSCO NEEDS YOUR HELP!

The bad economic times have hit many segments of our society hard—and City Honors is no exception. Donations that we use to enrich students' education and strengthen ties in our school community are at the lowest level we've seen in years. PTSCO is struggling to carry out basic services to our families and staff. And, unfortunately, we have had to suspend our grants to CHS clubs, sports, and other organizations, which will result in higher costs to the students participating in those groups. Perhaps some will not be able to afford it at all and will be left out.

In addition to reduced financial contribution, PTSCO is also seeing fewer number of actual donors. City Honors has always had a reputation envied by many other schools for having strong parental and staff involvement. It may be hard to maintain our sense of community during reconstruction, while we are split into two sites. Maybe we have to work a little harder to preserve one of our best assets.

There are many ways to show your support for CHS. Please make a donation today, in whatever amount you can afford (see form on p.7). We would love

to see you at our monthly meetings, where you can hear directly from the CHS administration on important developments at school and meet other parents. Another way to help maintain a strong school is to volunteer to help with PTSCO projects and events.

If you don't help, no one else will. Can our students count on you? I hope so.

Thank you in advance for your support.

—Andrea Szalanski, PTSCO Cochair
aszalanski@aol.com or 867-8602

PTSCO

Parent – Teacher – Student – Community – Organization Membership Form

By joining the PTSCO, you will help to fill many needs at City Honors School that might otherwise go unmet. All the money raised by PTSCO in memberships goes right back to the students and teachers in the form of grants, and supports educational enrichment, extracurricular activities and competitions.

CHS Parent, Guardian or Staff Name(s)

Last First

Mailing Address

Number and Street

City State Zip Code

Telephone Number _____

E-mail Address _____

Name of Student(s). Please include surname if different from above.

Grade Homeroom

Grade Homeroom

Grade Homeroom

Total \$ _____ Check/Money Order _____ Cash _____

Member \$10 - \$24/ Sustaining Member \$25 - \$39 / Booster \$40 - \$74 / Patron \$75 - \$99 / Gold Patron \$100 - \$499 / Lifetime (as long as children remain at CHS) \$500 or more

Please make checks and money orders payable to "PTSCO". Please send this form and payment to PTSCO, City Honors School, 167 E. Utica Avenue, Buffalo, New York 14208. Thank you!

View From The Hill

City Honors PTSCO and Foundation
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**P.T.S.C.O. Annual Theme Tray Auction and Desserts:
Friday, March 27, 6:30 p.m. in School #56 in the Auditorium
Volunteers and Donations Needed and very much appreciated!**



City Honors School
A co-educational school for
academically gifted students
In grades 5-12

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