



**Hilltop Notes**  
for the CHS Community  
1.6.23



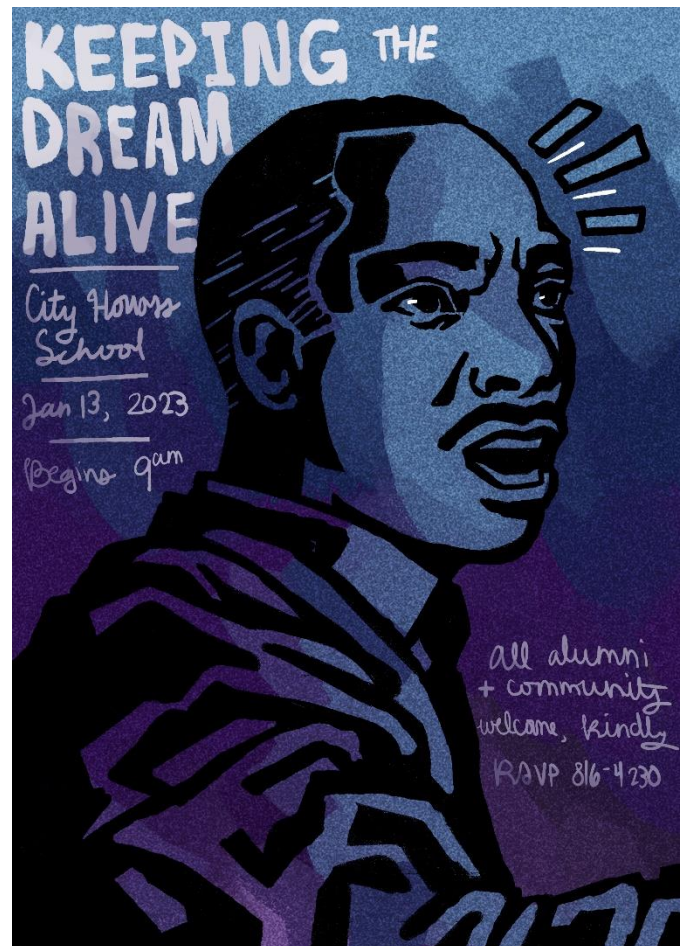
**43<sup>rd</sup> Annual 'Keeping the Dream Alive' Assembly**

On, January 13, 2023 at 9:00am, the students of City Honors School will present the 43rd annual "Keeping the Dream Alive" Assembly.

Our students will express their vision of the ideals of a just and egalitarian society through presentations of poetry, dance, speech, music, attire, and visual art.

The "Keeping the Dream Alive" (KDA) Assembly takes its name from Dr. Martin Luther King Jr.'s iconic speech. It has been reserved as a day of collective remembrance, contemplation, discussion and celebration at City Honors School since its inception in 1981 (two years before the federal declaration of the MLK holiday). The Keeping the Dream Alive Assembly was founded by Mrs. Irene Taylor McVay, a City Honors teacher assistant for 42 years. As a high school student in Virginia, Mrs. McVay directly contributed to events of national historic significance at the dawn of the modern civil rights era.

Parents and community members are warmly welcomed to join us. Please RSVP with our main office (716) 816-4230 for parking instructions and to reserve seating.



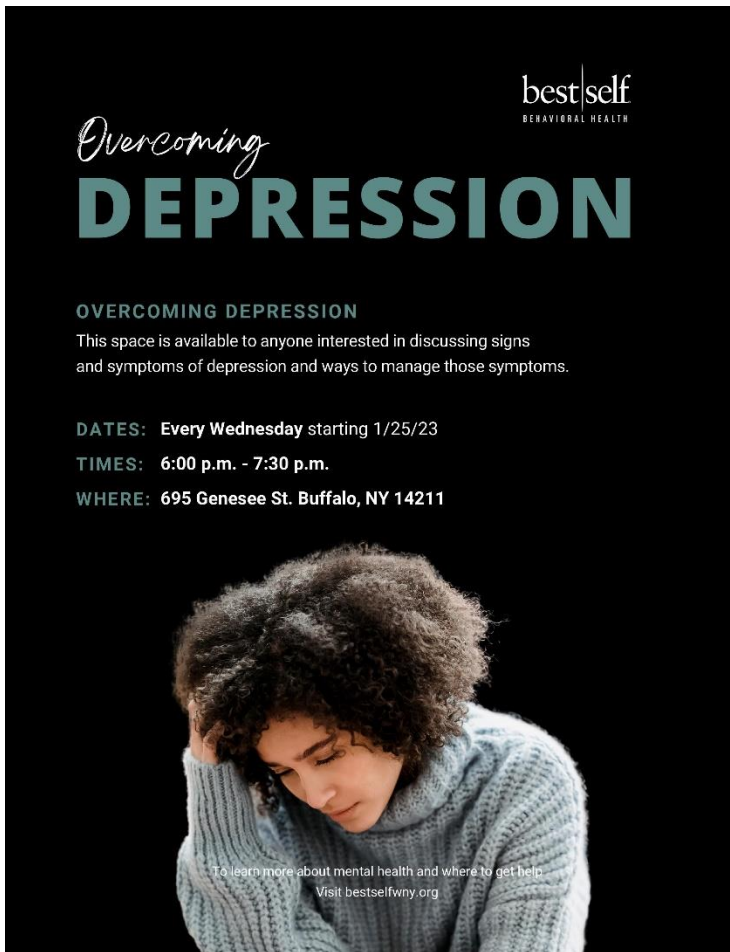
**Save Those Dash's Receipts!**

Do you shop at Dash's Markets? Don't throw out your receipts! City Honors participates in the Dash's Market Tape Saver program as another way to help keep the Pelion Outdoor Classroom at CHS going strong. Please assist us by saving and turning into the main office all of your paper cash register receipts from Dash's. Please ask friends and relatives to save their Dash's receipts for you too! We earn \$2.50 for every \$100 in receipts that we bring back to the store! It's another easy way that you can support academic activities and community programming in the Pelion Outdoor Classroom, the largest school garden in WNY. For more on the Pelion Community Garden at City Honors School check out our Facebook page [at this link](#) or website [at this link](#).

**Traffic Alert**

Parents- Please do not attempt to pick-up or drop-off students on Best Street. This is very dangerous for our students and congests traffic.

## Special Support From Best Self During This Challenging Year



best|self  
BEHAVIORAL HEALTH

*Overcoming*  
**DEPRESSION**

**OVERCOMING DEPRESSION**

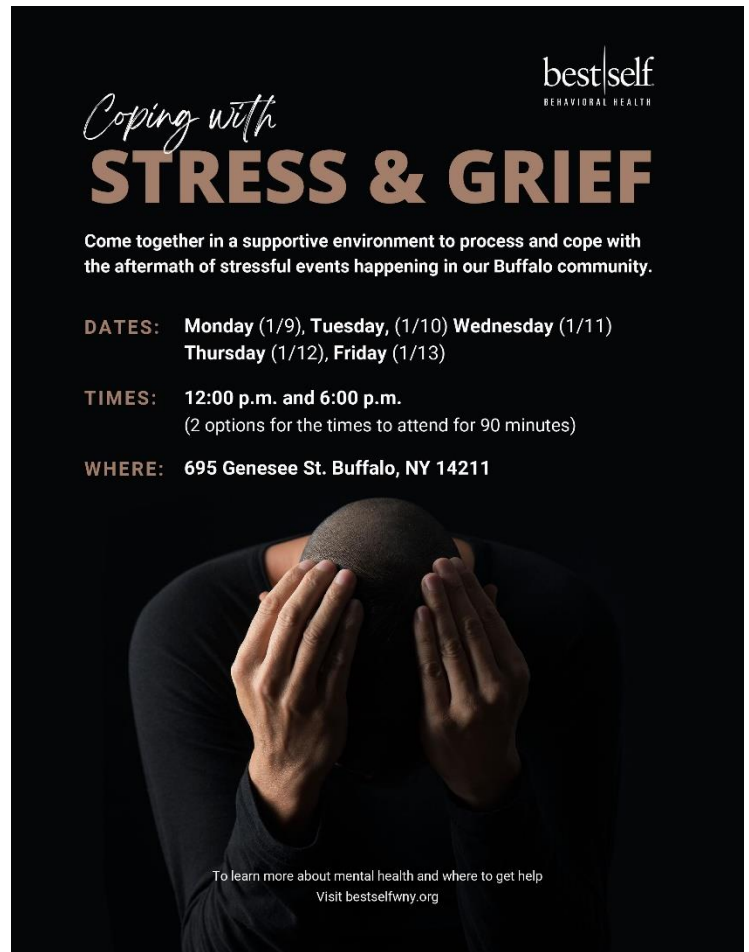
This space is available to anyone interested in discussing signs and symptoms of depression and ways to manage those symptoms.

**DATES:** Every Wednesday starting 1/25/23

**TIMES:** 6:00 p.m. - 7:30 p.m.

**WHERE:** 695 Genesee St. Buffalo, NY 14211

To learn more about mental health and where to get help  
Visit [bestselfwny.org](http://bestselfwny.org)



best|self  
BEHAVIORAL HEALTH

*Coping with*  
**STRESS & GRIEF**

Come together in a supportive environment to process and cope with the aftermath of stressful events happening in our Buffalo community.

**DATES:** Monday (1/9), Tuesday, (1/10) Wednesday (1/11)  
Thursday (1/12), Friday (1/13)

**TIMES:** 12:00 p.m. and 6:00 p.m.  
(2 options for the times to attend for 90 minutes)

**WHERE:** 695 Genesee St. Buffalo, NY 14211

To learn more about mental health and where to get help  
Visit [bestselfwny.org](http://bestselfwny.org)

### **CHS Annual Fund- Every Gift Matters!\***

Since 1996, the CHS Annual Fund Drive has helped to reduce the need for our students and teachers to fundraise so they can focus on what is most important: the joy of teaching, learning and enrichment! The Annual Fund also helps to ensure that EVERY student has what they need to enjoy the best possible CHS experience.

The City Honors/Fosdick-Masten Park Foundation asks all members of our school community to consider a contribution to the Annual Fund. When we all participate, we make a real difference for our students.

[Please use this link](#) to:

- Make a quick and easy online donation.
- Print out a donation form if you prefer to mail a check.
- Read the 2022-23 Annual Fund letter.
- Learn more about how the CHS Annual Fund and CHS Fosdick-Masten Park Foundation help our students.

*Thank you for supporting the CHS Annual Fund Drive and our students!*

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*\* Please Note: Announcements in this newsletter marked with \* mean the activity is not organized by City Honors School or the Buffalo Public Schools. The school and school district neither endorse nor sponsor the organization or activity represented in this material. The distribution of this material is provided as a community service.*

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## **Reminders for Our Families During This Time of COVID**

**Keep Our CHS Students and Staff in School- Keep Our Families Safe!:** We strongly encourage you to consult with your family doctor about having everyone five and older in your household vaccinated for COVID/receive a COVID booster where applicable. Need more reasons to get vaccinated? [Read more from the CDC](#). This is a critical matter for our school to function and to keep our community safe!

**Free COVID Testing:** The ECDOH offers free, walk in rapid ID Now and PCR testing at 608 William St Buffalo, NY from 9AM-3PM and at 3359 Broadway Cheektowaga, NY at 8AM-PM M-F. [Click on this link](#) for more information on these sites.

## **When You Need A Helping Hand**

**BPS Staff and Family Helpline:** The Buffalo Public Schools have established a 'Staff and Family Helpline' at 716-816-7100 to provide answers within 24 hours to our most frequently asked questions in the areas of Technology, Mental/Physical Wellness, Instruction and Professional Development, Culturally and Linguistically Responsive Initiatives (CLRI), Multilingual, Elementary and High School needs, Food Services, Child Care, and Volunteerism. If you need assistance in any of these areas, please contact the hotline number.

**The CHS Student Support Team (SST):** If you are seeking additional support or assistance, please do not hesitate to make a referral to the CHS SST. The Request for Assistance Form can be found [at this link](#). Once your form is submitted, a member of the SST will be in contact with you.

**Mental Health Supports:** Here is a [quick reference guide](#) which provides contact information for mental health support from the Buffalo Public Schools and our partner organizations.

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## ***Connect with CHS!***

*Click on the following links to better connect with the CHS Community*

[CHS Website](#)

[CHS on Facebook](#)

[CHS on Twitter](#)

[CHS on Instagram](#)

[Pelion Outdoor Classroom at City Honors](#)

[Easy/No Cost Ways to Support City Honors](#)

[Fosdick Field Restoration Project](#)

[City Honors/Fosdick-Masten Park Foundation](#)

[CHS PTSCO \(Parent, Teacher, Student, Community Organization\)](#)

[New York State Dignity Act \(DASA\) Information](#)

*Children are endangered by underage house parties and underage drinking. Concerned adults,*

*teachers, students and friends can call 24 hours a day in Erie County to report planned underage drinking parties; underage drinking parties in progress or other activities that may be harmful to the health, safety and welfare of young people. The tip line (1-800-851-1932) is ANONYMOUS, CONFIDENTIAL and free. Erie County now has a "Social Host Law" that holds adults accountable for allowing minors to drink. [LEARN MORE](#)*