

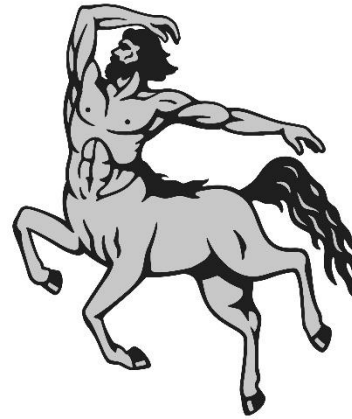


Hilltop Notes
for the CHS Community
10.23.22



SPECIAL CARDINAL CRAZE WEEK EDITION

Please be sure to read/scroll all the way until the end of this document as there are some unique page breaks due to inclusion of special images.



Cardinal Craze Week is Here!!!

What is Cardinal Craze Week?

Each year, classes at our school spend 'Cardinal Craze Week' fiercely competing to win 'The Rock of Mount Pelion,' commonly known as 'The Rock.' Take a moment to read the mystical, mysterious and remarkable tale of how Cardinal Craze Week began [at this link](#). The week takes its name from one of our two primary school colors, Cardinal Red.

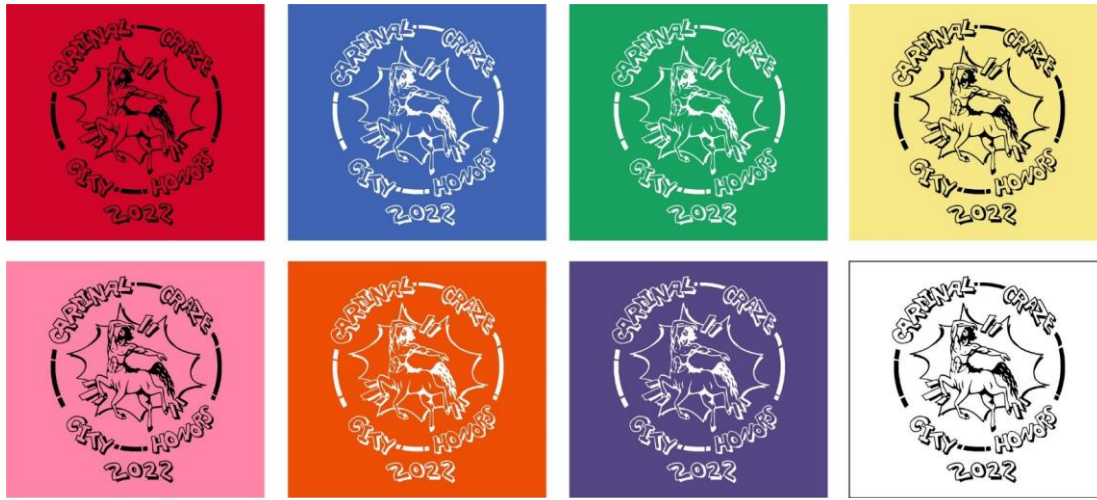
What are the CHS Class Colors?

Every grade level has a class color that they use to represent their class in hallway decorating and on class color day:

White: 5*	Yellow: 9
Purple: 6	Green: 10
Orange: 7	Blue: 11
Pink: 8	Red: 12

*Grade 5 students have white shirts so they can continue the time-honored tradition of tie-dying their shirts as a special activity with the senior class in the late spring. 5th graders should be sure to hold onto their class t-shirts after this week!

2002 Class Color T-shirts for Class Color Day are available for \$5.00 during all lunch periods all week. If your means allow, please consider paying more than \$5.00 to help provide shirts to students who might not otherwise be able to afford a shirt!



How Can You Earn Points to Help Your Class Win The Rock?

1. Dress Up For Each Theme Day

Homeroom teachers will record every student who dresses for the day and their grade level. See our theme days for the week [at this link](#) as set by the student theme day subcommittee.

2. Help Decorate Your Class Hallway

Each class has a set hallway to decorate. PE and Health teachers will bring each of their classes on 10/25 and 10/16 to decorate. This year, each class has been assigned a theme to decorate around, in addition to their class color. Students should be sure to carefully [read this document](#) before they begin any decorating!

3. Cheer your grade level's '[Dance-Off Team](#)' and '[Hype Video](#)' to victory at the Kick-off Assembly on Monday morning!

4. Help Others! Each year the Cardinal Craze Week Charity Subcommittee works to be sure that we harness the energy of Centaur spirit to benefit others in our city who need our help! You can be a part of this in two ways:

A. Donate non-perishable food items in homeroom to benefit the BFNC Fruitbelt

Neighborhood Food Bank. Every non-perishable food item you bring in to homeroom, earns your class points toward winning The Rock!

B. Participate in the 'Penny War'. This year the Cardinal Craze Week Charity Subcommittee has selected our very own [Pelion Outdoor Classroom](#) as the charitable recipient of all proceeds from the annual Penny War.

Here's how it works: Every grade level has a watercooler jug kept by the teachers listed below. **All coins** placed in the jug help your class acquire points. But here's the twist, **all paper money** placed in your class's jug, take away from your class points. If you are worried another class is acquiring too

many points through coins, you can reduce their total by placing paper money donations in their jug! Any student can place donations in any jug! No funds can be removed from the jugs once placed in the jugs. Here are the locations of the jugs:

5th Grade- Mrs. Switalski (rm 112)

6th Grade- Ms. Serwon (rm 29)

7th Grade- Mr. Hecker (rm 1)

8th Grade- Mr. Serotte (rm 219)

9th Grade- Ms. Ziolkowski (rm 304)

10th Grade- Mr. Belge (rm 316)

11th Grade- Mr. Ross (rm 214)

12th Grade- Mrs. Franke (rm 330)

What Else Do I Need to Know About Cardinal Craze Week?

1. We award the Rock of Mt. Pelion at the end of the pep assembly in the gym at the end of the week.
2. Cardinal Craze Week is about having fun and celebrating Centaur spirit. However, if we want to keep this tradition alive and well, we still need to attend classes on-time, keep learning during the week and be sure we are respectful of all of the same expectations of good conduct that are in place throughout the school year.
3. We compete against other classes to win the Rock but remember that it is in the name of good fun and we are all City Honors Centaurs. Keep the competition **friendly!**

Thank You!

The Cardinal Craze Week Student Planning Committee has been meeting weekly with Dr. Kresse since early September. Dr. Kresse wishes to thank members of the following subcommittees who have dedicated themselves to celebrating CHS spirit and making this a fun week for their fellow Centaurs. Special thanks also goes out to Mrs. Hannah, Mr. Sharratt and all the CHS staff who have lent their time to assist our students in their preparations

Cardinal Craze Week Student Subcommittees

- Dance Team
- Dance-Off Contest
- Theme Days
- Class Color T-shirts
- Hype Video Contest
- Senior Skit
- Charity Committee
- Pep Assembly
- Kick-Off Assembly
- Hilltop Homecoming Dance
- Hallway Decorating Contest
- Point Setting and Tabulation

A Musical Note

CHS Families- did you know that CHS has a vocal music ensemble for middle schoolers with strong interest in vocal music? Read about the CHS Middle School Chorale and more music opportunities and happenings in the [latest issue of a Musical Note](#), the weekly newsletter of the CHS Music Department! All issues of a Musical Note are archived in the [Family Resources section](#) of cityhonors.org.

Middle School Ski Club

Attention All Skiers and Snowboarders- Make the most of winter and join the Middle School Ski Club at Kissing Bridge for 8 great Sundays of fun in January and February! All ski and snowboard levels welcome, 6 lessons are included with the KB ski club pass. Hurry, the price of the pass goes up from \$225 to \$275 on November 1st. All family members age 8 and up are welcome to join, and only with our club pass can ages 8 to 11 join afternoon group lessons.

Need a ride? There is still plenty of room on the ski bus. Family members interested in riding are now welcome to sign up. Children under grade 5 must be accompanied by an adult. This is a great way for the adults to enjoy a fun day, resting their eyes after a day on the slopes with a relaxing ride back to Buffalo. Forms and payment due by Nov 15th.

All forms and info available on chsptsco.org under "Clubs & Activities" or [at this link](#).

Think Snow!

Maureen Chapman

MS Ski Club & PTSCO President

Attn: Grade 7-12 Boys Interested in Joining the Centaur Boys Swim Team

There will be a brief informational meeting held in the pool from 2:50PM- 3PM on October 26th to discuss the upcoming varsity swim season. Our first practice will be held on November 14th. Please email Mrs. Yager (jmyager@buffaloschools.org) if you have any questions!

Unity Day Update

In celebration of Unity Day on October 19, 2022, our students wore orange to stand up against bullying. Our Student Support Team in collaboration with Mrs. Dylewski and the Art Club created the 'Kindness Tree' in the McVay Café to recognize and celebrate acts of kindness in our school community. We asked each student to pledge to carry out at least one random act of kindness. The students' pledges were written on paper hearts and hung on the tree. The Kindness Tree signifies to our school community that together we can create an environment where kindness flourishes and bullying is eradicated!



A Note About Student Medications from BPS

Students should not carry medications with them on their persons, backpack, or locker at any time. This includes Tylenol, Motrin, and cough drops. The only exception to this rule is physician ordered inhalers, and epi-pens for allergic reactions, once the physician order is on file in the Clinic. Students whose physicians deem it necessary for the student to have medication in school must send a written order from the physician and parental permission along with the medication in a labeled container to the school clinic and administered as directed.

CHS Girls Swim Team Captures BPS Title

On Wednesday, October 17th the girls' varsity swim team won the title of All-High Champions, winning the BPS swim league. The team won 10 out of 11 of the swimming events with a final score of 524 points with Hutch Tech coming in second with a score of 271 points followed by Olmsted's third place finish of 171 points. The team was led by sectional qualifier, Amelia Colder who won gold in all 4 events that she swam. Junior, Grace Rivera and 8th grader, Josie Russom also won gold in every event. Congratulations to everyone on the girls' swim team. The girls will compete in Class B finals on Thursday, October 27th in Maryvale!

Attn: All Boys in Grades 7-12 Interested in JV and Varsity Basketball

Hello, it's that time of year, we're already heading into Basketball season! There will be an informational meeting on MONDAY OCT. 24TH 3:30 pm in the LGY room for all boys interested in joining the City Honors Centaurs JV or Varsity Basketball team.

All coaches will be present. Dates for tryouts and other information will be discussed. Questions? Contact Coach Heil at pheil@buffaloschools.org

CHS Grade 9 Student Wins Hispanic Heritage Contest

Students in Level 2 Spanish class recently studied how the Taino culture survives today and its impact on aspects of present-day culture, religious beliefs, language, art and music. Based on this, students had the opportunity to submit pieces of art or writing to compete for prizes in a BPS competition to honor Hispanic Heritage. A writing piece created by Chloe Mertz '26 was selected as the first prize winner of the district competition and won \$100 prize and a trophy! Chloe was honored at a ceremony at the Board of Education meeting this past week.

Centaur XC Ranked #8 in WNY

The City Honors Boys Cross Country Team is currently ranked #8 in Western New York! On Friday, the team captured third place in Division #1 of the Sunset Stampede at Evangola State Park... and then jumped in the water to celebrate! Be sure to check out the team photos at the stampede on CHS social media (see links at bottom of *Hilltop Notes*). Good luck to both the girls' and boys' teams at the All-High meet this week and in sectionals!

COVID Boosters and Flu Shots

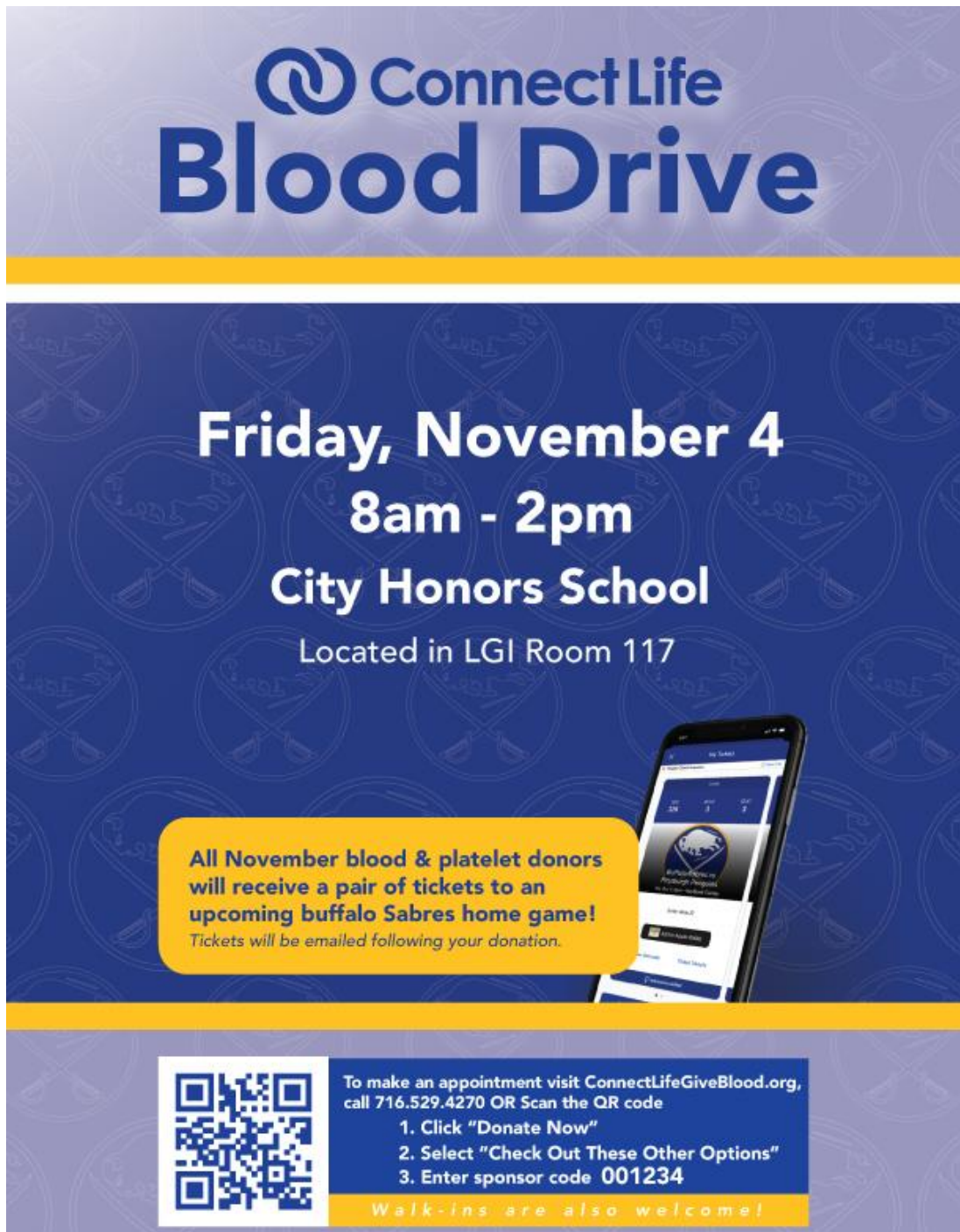
Please check with your family doctor to see if it is time for COVID booster shots in your family. It is also time for fall flu shots. Vaccinations help to:

- reduce the intensity and length of illness
- save lives
- keep our school open and life as normal as possible for our students.

Thank you for your consideration of this very important matter!

CHS Connect Life Club Blood Drive

The CHS Connect Life Club is holding a blood drive at CHS on November 4. Please consider giving the gift of life! When donors scan the QR code or go to the Donor Portal www.ConnectLifeGiveBlood.org they will need to create an account and enter your **sponsor code 001234** to make an appointment. Parents and community members may also participate in the blood drive. See flyer below this announcement with the QR code. Students who are 16 years old and would like to donate must complete the Special Permission Form [at this link](#). Hardcopies of this form can also be found in Chiron's Corner bookstore. During the month of November, **anyone who donates blood through ConnectLife will receive a free pair of tickets to an upcoming Buffalo Sabres home game!**



The flyer features a blue background with a repeating pattern of the Buffalo Sabres logo. At the top, the 'Connect Life' logo is displayed in white, followed by the text 'Blood Drive' in a large, bold, blue font. Below this, the event details are listed in white: 'Friday, November 4', '8am - 2pm', 'City Honors School', and 'Located in LGI Room 117'. A yellow callout box contains the text: 'All November blood & platelet donors will receive a pair of tickets to an upcoming buffalo Sabres home game! Tickets will be emailed following your donation.' To the right of this box is an image of a smartphone displaying the ConnectLifeGiveBlood.org website. At the bottom left is a QR code, and to its right is a list of instructions: 'To make an appointment visit ConnectLifeGiveBlood.org, call 716.529.4270 OR Scan the QR code', '1. Click "Donate Now"', '2. Select "Check Out These Other Options"', and '3. Enter sponsor code 001234'. A yellow banner at the bottom right says 'Walk-ins are also welcome!'.

Connect Life Blood Drive

Friday, November 4
8am - 2pm
City Honors School
Located in LGI Room 117

All November blood & platelet donors will receive a pair of tickets to an upcoming buffalo Sabres home game!
Tickets will be emailed following your donation.

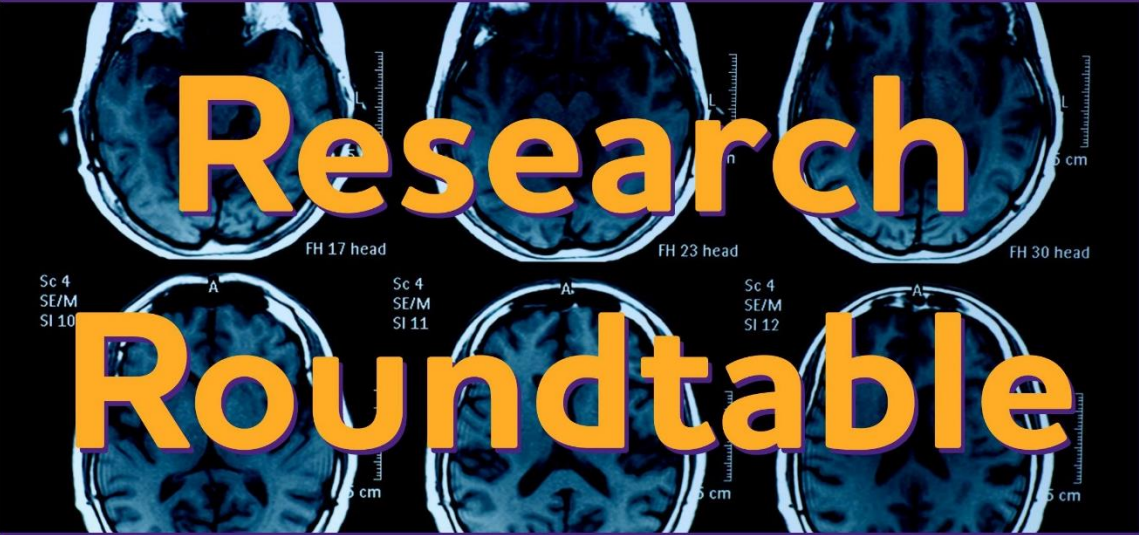

To make an appointment visit ConnectLifeGiveBlood.org, call 716.529.4270 OR Scan the QR code

1. Click "Donate Now"
2. Select "Check Out These Other Options"
3. Enter sponsor code **001234**

Walk-ins are also welcome!

CHS to Host Alzheimer’s Research Roundtable

The City Honors [Science Research Program](#), in cooperation with the WNY Alzheimer’s Association, is hosting a special roundtable about Dementia and the cutting edge work being done to combat this disease on Thursday November 3rd at CHS. This event is open to all! Please see the event flyer next to this announcement and register using the QR code. Questions? Contact CHS SRP coordinator, Mr. Richards at trichards@buffaloschools.org.




ALZHEIMER’S ASSOCIATION®

Research Roundtable

Join us for an evening of discussion featuring dementia experts and researchers doing cutting edge work here in WNY. Learn how to get involved in the research that may lead to better treatments and supports for families.

Thursday, November 3
5:30-7:30pm
City Honors School
186 E North Street, Buffalo

Register at bit.ly/AlzSci22 or call our free 24/7 Helpline at 800.272.3900





OFFICE OF CULTURALLY & LINGUISTICALLY
RESPONSIVE INITIATIVES



Our Story Project

**CURRENTLY SIGNING UP
SCHOLARS IN GRADES 9-11 FOR
THE 2022-2023 SCHOOL YEAR!**



**November 2022 - May 2023
Thursdays Afterschool
1 - 2 Saturdays per month**

- African-American, Latinx, Indigenous, New American Lessons & Hip Hop Literacy
- Local & National Field Trips
- Athletics, Swim & Workshops
- Breakfast & Lunch Provided
- Leadership Development
- Paid Internships

Sign Up Using
the QR Code



Grade 5 & 6 Families: Don't Forget to Register for "I-Scream Social and Haunted Lockers"

The special CHS tradition of 5th & 6th Grade Ice Scream Social and Haunted Lockers returns on Thursday, October 27, 2022 from 5:00pm to 7:00pm. **Carefully read the flyer on the next page** for more information! Thank you to all of our PTSCO volunteers for organizing this event!

5TH & 6TH GRADE
ICE SCREAM SOCIAL AND HAUNTED LOCKERS
THURSDAY, OCTOBER 27, 2022 - 5:00 P.M. TO 7:00 P.M.
CITY HONORS ATRIUM/CAFETERIA
SPONSORED BY THE CHS PTSCO

CANDY FRIENDS FUN BASKET RAFFLE

ICE CREAM IS FREE FOR 5TH AND 6TH GRADERS
FAMILY MEMBERS CAN PURCHASE ICE CREAM FOR \$2
PIZZA AND WATER WILL ALSO BE AVAILABLE TO PURCHASE
ALL STUDENTS MUST BE ACCOMPANIED BY A PARENT/GUARDIAN

QUESTIONS? CONTACT ANY OF THE 6TH GRADE PARENT REPS
JILLIAN CASCARINO — [JILLIANCASCARINO@GMAIL.COM](mailto:jilliancascarino@gmail.com)
MOLLY JOSLYN — [MOLLY.B.JOSLYN@GMAIL.COM](mailto:molly.b.joslyn@gmail.com)
TAVA SHANCHUK — [SHANCHUK@YAHOO.COM](mailto:shanchuk@yahoo.com)

VOLUNTEERS & DONATIONS NEEDED — SIGN UP AND PLEASE RSVP BY MONDAY, OCTOBER 24TH AT
[HTTPS://BIT.LY/ICESCREAMSOCIAL2022](https://bit.ly/icescreamsocial2022)

*Please Note: Announcements in this newsletter marked with * mean the activity is not organized by City Honors School or the Buffalo Public Schools. The school and school district neither endorse nor sponsor the organization or activity represented in this material. The distribution of this material is provided as a community service.*

Reminders for Our Families During This Time of COVID

Keep Our CHS Students and Staff in School- Keep Our Families Safe!: We strongly encourage you to consult with your family doctor about having everyone five and older in your household vaccinated for COVID/receive a COVID booster where applicable. Need more reasons to get vaccinated? Read more from the CDC. This is a critical matter for our school to function and to keep our community safe!

Free COVID Testing: The ECDOH offers free, walk in rapid ID Now and PCR testing at 608 William St Buffalo, NY from 9AM-3PM and at 3359 Broadway Cheektowaga, NY at 8AM-PM M-F. [Click on this link](#) for more information on these sites.

When You Need A Helping Hand

BPS Staff and Family Helpline: The Buffalo Public Schools have established a 'Staff and Family Helpline' at 716-816-7100 to provide answers within 24 hours to our most frequently asked questions in the areas of Technology, Mental/Physical Wellness, Instruction and Professional Development, Culturally and Linguistically Responsive Initiatives (CLRI), Multilingual, Elementary and High School needs, Food Services, Child Care, and Volunteerism. If you need assistance in any of these areas, please contact the hotline number.

The CHS Student Support Team (SST): If you are seeking additional support or assistance, please do not hesitate to make a referral to the CHS SST. The Request for Assistance Form can be found [at this link](#). Once your form is submitted, a member of the SST will be in contact with you.

Mental Health Supports: Here is a [quick reference guide](#) which provides contact information for mental health support from the Buffalo Public Schools and our partner organizations.

Connect with CHS!

Click on the following links to better connect with the CHS Community

[CHS Website](#)

[CHS on Facebook](#)

[CHS on Twitter](#)

[CHS on Instagram](#)

[Pelion Outdoor Classroom at City Honors](#)

[Easy/No Cost Ways to Support City Honors](#)

[Fosdick Field Restoration Project](#)

[City Honors/Fosdick-Masten Park Foundation](#)

[CHS PTSCO \(Parent, Teacher, Student, Community Organization\)](#)

[New York State Dignity Act \(DASA\) Information](#)

Children are endangered by underage house parties and underage drinking. Concerned adults, teachers, students and friends can call 24 hours a day in Erie County to report planned underage drinking parties; underage drinking parties in progress or other activities that may be harmful to the health, safety and welfare of young people. The tip line (1-800-851-1932) is ANONYMOUS, CONFIDENTIAL and free. Erie County now has a "Social Host Law" that holds adults accountable for allowing minors to drink. [LEARN MORE](#)